

## **Crisis Resources for Families**

During this time of quarantine, families and students may experience added stress. Additionally, many people are unable to interact with therapy providers. Here is a list of resources for use if your child is in crisis. Examples of crisis include threats or acts of self-harm, suicidal ideation or attempt, or threats/actions that harm others.

**National Suicide Prevention Hotline** 1-800-273-8255

**National Parent Hotline** 1-855-927-2736

Can assist parents during times of crisis.

**Children's Hospital of Philadelphia-Emergency Department** (215) 590-2160 x2, 34<sup>th</sup> St. and Civic Center Blvd. Take your child there if he/she is in need of a risk assessment and to help coordinate services (inpatient, partial, outpatient, etc.) Given the current state, it would be best to call in advance to let them know that you are on the way.

**Philadelphia Mobile Crisis Unit** (215) 685-6440 If you are unable to take your child to CHOP, they will come to the home to assist in taking your child to a crisis center, and can also assist with involuntary commitment if necessary.

**People Acting To Help (PATH) Urgent Care Center** (215) 728-4651, 8220 Castor Avenue, 2nd Floor Philadelphia, PA 19152. This location typically has shorter wait times. They offer a psychological evaluation and can connect patients to all levels of care. They have modified hours due to the pandemic: 10:00am – 4:00pm

<http://www.pathcenter.org/PDF/Summary%20of%20COVID-19%20For%20Ind%20%20Fam%203.19.20%20FINAL.pdf>