

BREAKFAST
Elementary

APRIL 2019

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.



Monday

1
325 Cinnamon Chex Cup
670 Fresh Fruit
696 Raisins

Pre-K-K: 346 Cinnamon Toast Crunch Cereal

8
350 Apple Cinnamon Cheerios Cereal Bar
670 Fresh Fruit
750 Apple Juice

Pre-K-K: 349 Corn Chex Cereal

15
325 Cinnamon Chex Cup
670 Fresh Fruit
748 Grape Juice

Pre-K-K: 345 Honey Scooters Cereal

NO SCHOOL

Tuesday

2
369 Pillsbury Berry Blast Mini French Toast
608 Dole Tropical Fruit Cup
750 Apple Juice

Pre-K-K: 339 Orange Cranberry Muffin

9
315 Apple Cinnamon Toast
684 Mixed Berry Applesauce
748 Grape Juice

Pre-K-K: 330 Blueberry Muffin

16
336 Pillsbury Strawberry Splash Pancakes
696 Raisins
749 Apple-Cherry Juice

Pre-K-K: 335 Banana Muffin

23
359 Honey Scooters Cereal
684 Mixed Berry Applesauce
752 Fruit Punch Juice

Pre-K-K: 342 Cheerios

Wednesday

3
329 Trix Cereal Bar
697 Bagged Sliced Apples
752 Fruit Punch Juice

Pre-K-K: 367 Cinnamon Raisin Bagel

10
316 Chicken Biscuit
647 Dole Mandarin Orange Cup
753 Orange Juice

Pre-K-K: 343 Rice Chex Cereal

17
303 Egg & Cheese with Turkey Bacon on Toast
670 Fresh Fruit
752 Fruit Punch Juice

Pre-K-K: 368 Plain Bagel

24
323 Apple Cinnamon Muffin
670 Fresh Fruit
749 Apple-Cherry Juice

Pre-K-K: 332 Apple Cinnamon Muffin

Thursday

4
321 Banana Muffin
670 Fresh Fruit
684 Mixed Berry Applesauce

Pre-K-K: 342 Cheerios Cereal

11
334 Cinnamon Toast Crunch
670 Fresh Fruit
749 Apple-Cherry Juice

Pre-K-K: 331 Corn Muffin

NO SCHOOL

18
328 Chocolate Chip Muffin
670 Fresh Fruit
752 Fruit Punch Juice

Pre-K-K: 343 Rice Chex Cereal

Friday

5
305 Pancakes
670 Fresh Fruit
749 Apple-Cherry Juice

Pre-K-K: 332 Apple Cinnamon Muffin

12
328 Chocolate Chip Muffin
670 Fresh Fruit
752 Fruit Punch Juice

Pre-K-K: 366 Blueberry Bagel

NO SCHOOL

19
369 Pillsbury Berry Blast Mini French Toast
612 Bagged Apples & Grapes
750 Apple Juice

Pre-K-K: 330 Blueberry Muffin

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

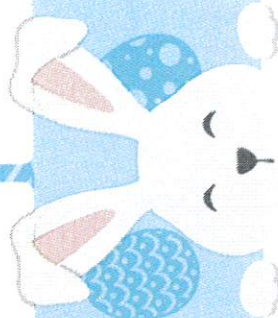
LUNCH
Elementary



APRIL 2019
"Healthy foods bring good moods!" by Mia, grade 3
From St. Monica School

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>275 BBQ Chicken Filet 623 Broccoli 635 Calypso Crush Vegetable Juice 749 Apple-Cherry Juice 914 Hamburger Bun</p>	<p>2</p> <p>226 Philly Cheesesteak Pinwheel 704 French Fries 684 Mixed Berry Applesauce 990 Chocolate Chip Cookie</p>	<p>3</p> <p>269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds 603 Maple Baked Beans 752 Fruit Punch Juice 929 Cinnamon Elf Grahams</p>	<p>4</p> <p>292 Penne Pasta with Meat Sauce 670 Fresh Fruit 908 Dinner Roll</p>	<p>5</p> <p>NO LUNCH 12 PM DISMISSAL</p>
<p>8</p> <p>274 Curly Cheesy Lasagna 749 Apple-Cherry Juice 901 Honey Biscuit OR 903 Maple Biscuit</p>	<p>9</p> <p>251 Chicken Nuggets 603 Maple Baked Beans 630 Dragon Punch Vegetable Juice 670 Fresh Fruit</p>	<p>10</p> <p>233 Popcorn Chicken with Sweet & Sour Broccoli 639 Corn 670 Fresh Fruit 904 Wheat Bread (2 Slices)</p>	<p>11</p> <p>215 Beef & Cheese Taco 706 Romaine Salad with Cherry Tomatoes 695 Strawberry-Mango Sidekick</p>	<p>12</p> <p>264 4" x 6" Cheese Pizza 611 Bagged Baby Carrots 684 Mixed Berry Applesauce 932 Cinnamon Scooby Snacks</p>
<p>15</p> <p>253 Hot Dog with French Fries 631 Cherry Star Vegetable Juice 684 Mixed Berry Applesauce 907 Hot Dog Bun</p>	<p>16</p> <p>200 Hamburger OR 201 Cheeseburger 603 Maple Baked Beans 632 Wango Mango Vegetable Juice 670 Fresh Fruit 914 Hamburger Bun</p>	<p>17</p> <p>NO LUNCH 12PM DISMISSAL</p>	<p>18</p> <p>Holy Thursday NO SCHOOL</p>	<p>19</p> <p>Good Friday NO SCHOOL</p>
<p>22</p> <p>Easter Monday NO SCHOOL</p>	<p>23</p> <p>233 Popcorn Chicken with Sweet & Sour Broccoli 603 Maple Baked Beans 608 Dole Tropical Fruit Cup 932 Cinnamon Scooby Snacks</p>	<p>24</p> <p>289 Pancakes with Sausage 634 Hash Brown 631 Cherry Star Vegetable Juice 697 Bagged Sliced Apples</p>	<p>25</p> <p>263 5" Round Cheese Pizza 634 Hash Brown 749 Apple-Cherry Juice</p>	<p>26</p> <p>205 Popcorn Chicken 706 Romaine Salad with Cherry Tomatoes 752 Fruit Punch Juice 929 Cinnamon Elf Grahams</p>
<p>29</p>	<p>30</p>			



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